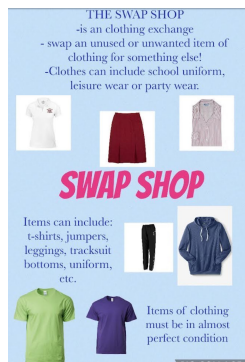


January 2023 Green Committee Newsletter



This month The Green Committee held a clothes swap shop. The swap shop was where people donated clothes and pieces of uniform to the Green Committee that they didn't wear anymore. Everyone came at lunchtime that week on Thursday and Friday where they could swap the donated clothes for their tokens. This was a great idea as it was sustainable to donate old clothes instead of throwing them away and was decluttering your wardrobe! We had 55 students donate over 260 items of clothing. Any leftover clothes were used by Soup Run or donated to charity.



Green Schools Irish Water Poster and Video Competition is also something coming up. See the email sent this week about how to enter the competition. The theme for this year's competition is 'Local Water Actions for Global Change'.

This is for raising awareness to our global goals surrounding water. The deadline is 10th March. Prizes include vouchers for individuals and the school!

[Green School Irish Water Poster and Video Competition](#)



After Christmas, there are always leftovers to be used. Below are a few BBC Good Food recipes where you can use these leftovers.

[Christmas leftover sandwich](#)

[Christmas pizza](#)

[Christmas lunch patties](#)



January is also a good opportunity to plant spring flowers in your garden.

Even if you live in an urban area, don't forget to contribute to the pollinator community.

This helps bees and butterflies in the spring!

Below is a link to website in which you can learn more about what flowers 🌸 you can plant at this time of year.

[Flower planting ideas for January](#)



Look out for local and in season food in your local food shop to reduce your carbon footprint. This is good for the environment because it releases fewer transport emissions and fewer pesticides are used. A few recipes below from BBC Good Food use in season fruits and vegetables.

[Rhubarb Crumble](#)

[Potato Salad](#)



A great documentary that you can watch based on Climate change:

[Climate Change Documentary](#)

This documentary focused on the overuse and demand of fossil fuels around the world and really interested me.

Our aim for the green flag this year is travel. Don't forget to cycle, walk and use public transport where possible. Travel activities are coming up so watch out!



    Thanks from The Green Committee    