



Loreto Rumbek Newsletter

March 2025



Summer Programme



This month, during the extended break for a heatwave, Loreto introduced a new initiative for both students and staff, including the interns working across all our departments. The Summer Programme offered a variety of exciting activities, such as block-making, where the students and interns working together. In addition, participants had the chance to strengthen their academic skills through lessons in

English and mathematics, along with engaging in public speaking workshops. It was all a great success, thanks to the dedicated support of the teachers and interns involved. It was a wonderful opportunity for learning, creativity, and community-building.



Community Counselling



This year, the counselling programme expanded to include people from the community. The focus has been on helping mothers manage stress, share their stories, and heal from trauma. It has been amazing to see the mothers open up and realise they are not alone in their struggles. The counselling sessions have created a sense of unity and support among the mothers, helping them understand and connect with each other better.

Walk for Aweil

On March 7th, Loreto and La Salle students, took part in a solidarity walk with Loreto students in Ireland, who were funds raising for our new school in Aweil. With 353 participants walking approximately 8.4 kilometres, the event was a powerful display of unity and support. The participation of the gentlemen was especially heartening, showing a strong commitment to supporting girl child education and highlighting progress in reducing gender inequality. The local community in Aweil also contributed to the cause, making the event even more meaningful.



A Special Thank You to all of the donors, advocates, and supporters of the Loreto Programs in South Sudan.

Without your hard work or support none of this would be possible.

For more news & info about the programs, our students, and how you can help, please visit our website: loretorumbek.ie and our Facebook page [Loreto Schools Rumbek](https://www.facebook.com/LoretoSchoolsRumbek)



Loreto Rumbek Newsletter

Agriculture



Our Agriculture Department plays a significant role in contributing to the school's meals. Students and workers have cultivated a range of vegetables, including pumpkin, sukuma, cowpeas, spider plants, tomatoes, onions, and kudhura. These fresh vegetables have greatly enhanced the quality of meals for students and staff alike. In the last



weeks, we started to sell the excess produce, contributing to the school's income. It was just a small beginning, but the rainy season has not started yet.

Trauma Healing



This month, Loreto staff had the privilege of meeting two Loreto sisters from Kenya, Sr. Maria Timba and Sr. Mary Gitau, who facilitated a session on trauma healing. The session focused on psychosocial activities, including emotional intelligence, and provided valuable insights on understanding and managing emotions. With forty-one

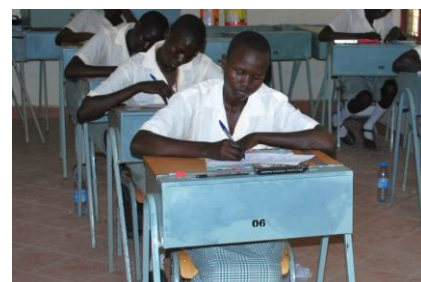


staff members in attendance, it was an important opportunity for personal growth and learning. The staff left the session feeling empowered, equipped with new tools to navigate social situations and build stronger relationships, both within the school and in their personal lives.

Exams



After the break for the heatwave, we were excited to welcome the students back to school and continue their studies. They started the term by taking their mid-term exams for a whole week. Even though it was a change from the usual routine, the girls worked hard and gave their best. Now that the exams are finished, the students are back in their regular classes, ready to



continue their lessons. The teachers are happy to keep teaching, and the students are eager to learn more.

A Special Thank You to all of the donors, advocates, and supporters of the Loreto Programs in South Sudan.

Without your hard work or support none of this would be possible.

For more news & info about the programs, our students, and how you can help, please visit our website: loretorumbek.ie and our Facebook page [Loreto Schools Rumbek](https://www.facebook.com/LoretoSchoolsRumbek)